

How to contact us:

2 Office Locations

Montgomery County

521 Plymouth Road
Suite 106—#F
Plymouth Meeting, PA 19462
Tel: 484-904-0110
Fax: 610-941-3391

Bucks County

4610 Street Road
Trevose, PA 19053
Tel: 267-699-3000
Fax: 215-364-1299

We can help in 3 easy steps!

Step 1 - Call the office closest to you

Step 2 - Schedule an appointment

Step 3 - Meet with a therapist

www.theprogressionscompanies.com



Accepted Insurances

Aetna
Amerihealth
Blue Cross/Blue Shield FEP
Blue Cross/Blue Shield PPO
Cigna
Keystone 65
Keystone CHIP
Keystone HMO
Keystone POS
KHPE
Lifesync
Magellan
MHC
PC – 65
Preferential Care Network
Personal Choice
United Behavioral Health



IBC

IBC

InterNet Behavioral Care, P.C.

Counseling



A Psychiatric & Psychological
Group Practice for
Children, Teens and Adults,
Couples and Families

2 Locations

Trevose - 267-699-3000
Plymouth Meeting - 610-265-6464

The area leader in Behavioral Health!

IBC Counseling

InterNet Behavioral Care, P.C.



IBC is a group practice with 2 offices. We are the area leader in behavioral health care. We can help you.

- * Confidential Treatment
- * Compassionate Clinicians
- * Patient Focused
- * Psychiatric Evaluations
- * Medication Management
- * Adults, Children, Teens, Couples
- * Workshops offered at your site

Counseling Programs

Life's challenges can take many forms and occur at all ages. **IBC** clinicians are skilled at helping people of all ages. Some people want to achieve greater success at school, at work, or in their personal lives. Some seek help with personal relationships or assistance in dealing with major life changes. We can help you with any issue or problem.

New Opioid Abuse Program

We have a new medication & companion counseling program for individuals who are addicted to Opioids; either pain killers or heroin. Ask about the "suboxone" plan.

Insurance accepted

Accepted insurances are listed on the back page. We accept credit cards or cash. Sorry, we do not accept checks.

Area leader in Behavioral Health!

Our Clinicians specialize in:

- * ADHD & Child Issues
- * Anger Management
- * Anxiety, OCD & Phobias
- * Behavioral Problems
- * Grief Coping Skills
- * Depression
- * Eating Disorders
- * Family/Couples Issues
- * Marriage & Relationships
- * Parenting Skills Training
- * Personality Disorders
- * Relaxation Techniques
- * Self - Esteem Issues
- * Stress